



GURNEE PODIATRY & SPORTS MEDICINE ASSOC.

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Prescription Orthotic Information

What is an Orthotic?

It is a device worn in the shoes that effectively changes the manner in which the bones and muscles of the feet and legs function during walking and running.

How do Orthotics compare with arch supports?

Only a custom Orthotic can effectively support and control the abnormal foot, taking into account, age, weight, specific sport, arch height, flexibility and specific lower extremity conditions.

What are some of the common uses of orthotics?

1. They help support "fallen" or strained arches, as well as inherent muscle and bone imbalances of the foot.
2. They can provide relief for knee and back pain resulting from muscle imbalance of the foot.
3. They increase shock absorption.
4. They can help pediatric foot conditions.

Although orthotics are a benefit to the majority of patients who wear them, there is no guarantee that the orthotics will completely cure or help every individual, who wears them. There are different styles available for different street or athletic shoe gear. Our orthotics are customized/casted/fit for each individual patient. Therefore they are **not** returnable. Every effort will be made to adjust or change the orthotics by the doctor.

A deposit of \$180.00 is required for fabrication of the orthotics from the doctor's office. Our refund policy information sheet will be given to you at time of casting.

*****If your insurance company does not cover orthotics, please ask us about payment options*****

Diagnosis

Pronation: Right (M21.6X1) Left (M21.6x2) **Gait:** R26.0 **Plantar Fascia:** M72.2

Metatarsalgia: Right (M77.41) Left (M77.42) **Limb Length Discrepancy:** M21.70

Achilles Bursitis: Right (M76.61) Left (M76.62) **Post Tibial Tendonitis:** Right (M76.821) Left (M76.822)

Synovitis and Tenosynovitis: M65.9

Other: _____

Procedure Code: L3000 - Foot, insert, removable, molded to patient model. **Procedure Code for Casting: S0395**

Questions for your insurance company...

1. Are orthotics covered when billed by Podiatrist? Y/N
2. Does the deductible apply? Y/N If yes, Deductible amount \$ _____ Amount met \$ _____
3. What is the co-insurance amount? \$ _____ Amount met \$ _____
4. Services are covered at what percent? _____ %
5. Are Orthotics included in the maximum for Podiatry? Y/N
6. Is there a limit on the number of pairs that are covered per year? Y/N _____
(Please note 2 units=1 pair of orthotics)
7. Is there a Max for Podiatry Benefits? Y/N
8. Are any of the following required? Prior Authorization Pre-Determination Pre-Certification
*****If the answer is yes to #7, we will require insurance approval before we can place your order*****

Name of Insurance Agent: _____

Reference#: _____

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